



VISTA MATTERS

- September Edition -

Time for a Garden Party!



A WELCOME PARTY!



Saturday, Sept 17
at Vista Gardens Pavilion

5:00pm - plant seedlings
6:00-7:30pm - Potluck Party

Please join us under the pavilion as we celebrate the Fall planting season and meet new garden buddies!

Bring your favorite treat to share,
a drink, and a chair.



For additional information please contact:
Laurie Kleiner (813-758-9457 or lauriek123@gmail.com)

Come Join Us

After a long COVID pause, we are looking forward to a **Garden Party on Saturday, Sept. 17, from 5:00 - 7:30.**

Heat-tolerant eggplant and pepper seedlings will be ready for those who pre-ordered, so plan to come transplant these to your bed. Then enjoy some relaxation with your fellow gardeners.

Some of our experienced gardeners will be on hand to answer questions and offer guidance to newer gardeners.



UPCOMING EVENTS

Installing an Irrigation System in Your Bed

Sat, Aug 27, 10:00 - 11:00 a.m.

Nicole Jaguszyn will give a hands-on demonstration. Learn about irrigation options, the difference between spray and drip systems, how to install and maintain your system and set your irrigation timer.

Seeding Next Season's Plants

Tues, Sept 6, 8:30 - 9:30 a.m. Up-plant broccoli, collards, kale

Join HRS volunteers at the pavilion. Email [Deb Ramos](mailto:Deb.Ramos@hrc.org) to volunteer.

VISTA Garden Party

Sat, Sept 17, 5:00 - 7:30 p.m., VISTA Pavilion

3 Steps to Maintain Your Garden



Watch

Keep an eye on your plants for signs of stress. Water as needed...



Harvest

Pick vegetables as soon as they are ripe. This is key to protecting plants...



Replant

As one crop completes a growing season, replace it with another...

Read
More

EDIBLES TO PLANT IN September



	North	Central	South
 EASY TO TRANSPLANT	Arugula, Beets, Brussels Sprouts, Cabbage, Cauliflower, Chinese Cabbage, Collards, Endive, Kale, Kohlrabi, Lettuce, Strawberry, Swiss Chard	Arugula, Beets, Broccoli, Brussels Sprouts, Cabbage, Cauliflower, Chinese Cabbage, Collards, Eggplant, Endive, Kale, Lettuce, Peppers, Sugarcane, Strawberry, Swiss Chard, Tomatoes, Tropical Spinaches	Cabbage, Cauliflower, Chinese Cabbage, Collards, Eggplant, Endive, Ginger, Kale, Lettuce, Peppers, Sugarcane, Swiss Chard, Tomatillo, Tomatoes, Tropical Spinaches
 TRANSPLANT WITH CARE	Celery, Mustard, Spinach	Celery, Mustard, Pineapple, Spinach	Amaranth, Calabaza, Long Squashes, Luffa, Mustard, Papaya, Passionfruit, Pineapple, Seminole Pumpkin, Sweet Potatoes
 USE SEEDS	Beans (bush, pole), Carrots, Onions (bulbing, bunching), Radish, Squashes, Turnips	Beans (bush, lima, pole), Carrots, Cucumbers, Onions (bunching), Radish, Squashes, Turnips	Beans (bush, lima, pole), Carrots, Cucumbers, Okra, Onions (bunching), Peas (southern), Squashes, Turnips

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Gardening SOLUTIONS

GardeningSolutions.ifas.ufl.edu
Text only: go.ufl.edu/EdibleText



September Garden Updates



Watering Tips

September is a time to pay close attention to watering. **With the rainy season behind us, we need to be extra vigilant about conserving water.** Equally important, with our seeds and young seedlings in the ground, we want to water the right amount...

[Read More](#)



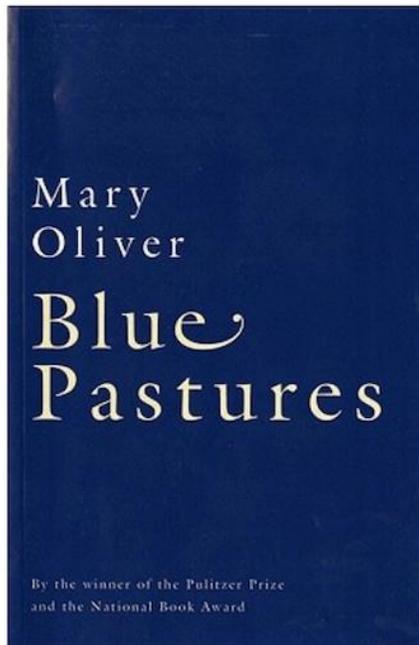
Sunn Hemp Experiment

Our sunn hemp summer cover crops are fascinating stuff. The key as they grow is NOT to let them flower or go to seed. So, **we cut the taller sunn hemp plants in half and lay the stems down on the ground** next to the ones that are shorter.

[Read More](#)

Out of the Blue

In the Little Free Library



With consummate craftsmanship, Mary Oliver, a Pulitzer Prize and National Book Award-winning author, fashioned fifteen luminous prose pieces, ten never before published, of singular interest to lovers of nature, students of writing, and the many admirers of her work. [Click on the book image for more information.](#)

"Mary Oliver ranks among the finest poets the English language has ever produced...her poetry is rigorous, beautiful, well written, and offers genuine insights into the natural world."
--Eli Lehrer, *The Weekly Standard*

Both VISTA and our community appreciate [Forever Friends](#) for the grant to purchase books for the Little Free Library.

Florida Native Plant for September

Stachytarpheta jamaicensis, commonly known as **Blue Porterweed**, is a low-growing, sprawling wildflower and **an excellent addition to butterfly gardens**. But it isn't just for pollinators! Much of the plant is edible to humans.

Flowers may be eaten raw and have a mushroom-like flavor. Flower spikes can be used as you would a bay leaf to season soups or stews. **Leaves can be dried and steeped into a foamy tea or brewed into beer.** This foaming property is likely the origin of the common name, porterweed, referring to the porter style of beer the tea resembles.

Check out the [Florida Wildflower Foundation](#) for more information.





Karen Rose and Dana Tyskie are now Co-Chairs of the Herb Garden. As experienced gardeners Karen and Dana are interested in expanding their knowledge beyond vegetables and when to plant them. VISTA's traditional herbs have many varieties that they want to learn about...

[Read More](#)



Community Garden Statistics in 2022

Community gardens work wonders by bringing people together and improving community wellbeing. Community garden statistics show that public gardens have a positive economic benefit on local neighborhoods.

[Read more gardenpals.com](https://www.gardenpals.com)



Gardening can cultivate better mental health

Horticultural therapy has long been used to improve mental health in those with existing medical conditions. Scientists wanted to know if healthy people could also reap mental health benefits from gardening. The study's results suggest that...

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By all these lovely tokens; September days are here
With summer's best of weather; And autumn's best of cheer.

— Helen Hunt Jackson



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Matters.

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Connect with us

